

Masonic Home of Va

regular/nsa						Week 1
Monday 5/6/24	Tuesday 5/7/24	Wednesday 5/8/24	Thursday 5/9/24	Friday 5/10/24	Saturday 5/11/24	Sunday 5/12/24
Breakfast						
Oatmeal <i>Breakfast Potatoes</i> Scrambled Eggs	Oatmeal <i>Waffles</i> Scrambled Eggs	Oatmeal <i>Grits</i> Scrambled Eggs	Oatmeal <i>Hashbrown Patty</i> Scrambled Eggs	Oatmeal <i>Cream of Wheat</i> Scrambled Eggs	Oatmeal <i>Corned Beef Hash</i> Scrambled Eggs	Oatmeal <i>Banana</i> Scrambled Eggs <i>Sausage Link</i> Creamed Chip Beef
Sausage Patty Fruit <i>Banana Nut Muffin</i>	Pork Bacon <i>Peaches</i>	Fruit <i>Grilled Ham</i> <i>Mini Danish</i>	Biscuits and Gravy Pork Sausage Patty <i>Fruit</i>	Pork Bacon Fruit <i>Orange Cranberry Muffin</i>	Grilled Ham <i>Fresh Fruit Cup</i>	
Lunch						
Pepper Pot Soup	Black Bean Soup	Navy Bean Soup	Tomato Soup	French Onion Soup	Chicken Noodle Soup	Happy Mother's Day Carrot and Ginger Soup
Grilled Chicken w/ Tomato	Pork Tacos	Spaghetti and Meatsauce	Grilled Swiss & Ham	Beef & Vegetable Stir Fry	Cheeseburger	Prime Rib
<i>Baked Catfish</i>	<i>Chef Salad</i>	<i>Garlic Herb Pork Loin</i>	<i>Turkey Bacon Club Wrap</i>	<i>BBQ Chicken</i>	<i>Trio Platter</i>	<i>Grilled Salmon</i>
Rice Pilaf	Roasted Corn	Yellow Squash w/ Red Peppers	Bistro Chips	Brown Rice	Tater Tots	Pomme Croquette
California Blend			Cauliflower		<i>Sauteed Spinach</i>	<i>Roasted Asparagus</i>
<i>Zucchini Apple Slaw</i>	<i>Fajita Vegetables</i>	<i>Pickled Beets</i>	<i>Dilled Cucumber Salad</i>	<i>Sauteed Garlic Green Beans</i>	<i>Roasted Tomatoes</i>	Strawberry, Spinach, Feta and Almond Salad
		<i>Garlic Bread</i>				
Tapioca Pudding	Granola Parfait	Oatmeal Cookie	Chocolate Cream Pie	Apple Crisp	Chocolate Pudding	Angel Food Cake with Strawberries or
<i>SF Pudding</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Pie</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>Ice Cream Sundaes</i>
Dinner						
Pepper Pot Soup	Black Bean Soup	Navy Bean Soup	Tomato Soup	French Onion Soup	Chicken Noodle Soup	Boxed Meals
Roasted Turkey	Shrimp Scampi	Salisbury Steak w/ Gravy	BBQ Pork Sandwich	French Dip Sandwich	Beef Pot Roast	Italian Hoagies
<i>Pork Medallions</i>	<i>Teriyaki Chicken Thigh</i>	<i>Chicken Caesar Salad</i>	<i>Lemon Herb Flounder</i>	<i>Balsamic Honey Pork Tenderloin</i>	<i>Ham & Cheese Quiche</i>	<i>Pasta Salad</i>
Stuffing	Linguine	Macaroni & Cheese	Loaded Baked Potato	Peas and Mushrooms	Roasted Potatoes	Chips
Green Bean Saute	<i>Sauteed Cabbage, Celery & Red Onions</i>	Collard Greens	Sauteed Okra	Broccoli Au Gratin	Garlic Roasted Cauliflower	Fresh Fruit
<i>Baby Carrots</i>	Steamed Broccoli		<i>Coleslaw</i>	<i>Chopped Spinach</i>		<i>Cookies</i>
Wheat Roll	Breadstick	Cloverleaf Dinner Roll			Dinner Roll	
Double Chocolate Brownie	Orange Sherbet	Apple Cobbler	Watermelon	Glazed Pound Cake	Carrot Cake	Pick Up In Reading Room during Lunch
<i>SF Dessert</i>	<i>SF Ice Cream</i>	<i>SF Cobbler</i>		<i>SF Dessert</i>	<i>SF Dessert</i>	

Bold indicates a main item.

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