

Masonic Home of Va

regular/nsa						Week 1
Monday 3/11/24	Tuesday 3/12/24	Wednesday 3/13/24	Thursday 3/14/24	Friday 3/15/24	Saturday 3/16/24	Sunday 3/17/24
Breakfast						
Oatmeal <i>Breakfast Potatoes</i> Scrambled Eggs	Oatmeal <i>Waffles</i> Scrambled Eggs	Oatmeal <i>Grits</i> Scrambled Eggs	Oatmeal <i>Hashbrown Patty</i> Scrambled Eggs	Oatmeal <i>Cream of Wheat</i> Scrambled Eggs	Oatmeal <i>Corned Beef Hash</i> Scrambled Eggs	Oatmeal <i>Banana</i> Scrambled Eggs <i>Sausage Link</i>
Sausage Patty <i>Fruit</i> <i>Banana Nut Muffin</i>	Pork Bacon <i>Peaches</i>	<i>Fruit</i> <i>Grilled Ham</i> <i>Mini Danish</i>	Biscuits and Gravy Sausage Patty <i>Fruit</i>	Pork Bacon <i>Fruit</i> <i>Orange Cranberry Muffin</i>	Grilled Ham <i>Fresh Fruit Cup</i>	Creamed Chip Beef <i>Mini Cake Doughnut</i>
Lunch						
Pepper Pot Soup	Turkey & Wild Rice Soup	Navy Bean Soup	French Onion Soup	Tomato Soup	Chicken Noodle Soup	Broccoli Cheddar Soup
Spaghetti & Meatsauce	Pork Tacos	Fried Catfish	Grilled Ham Steaks	Beef & Vegetable Stir Fry	Cheeseburger	Fried Chicken
<i>Grilled Chicken</i>	<i>Chef Salad</i>	<i>Turkey Bacon Club Wrap</i>	<i>Turkey Burgers</i>	<i>Fish Sandwich</i>	<i>Hot Dogs w/ Fixings</i>	<i>Beef Pot Roast</i>
Rice Pilaf	Roasted Corn	Bistro Chips	Baked Sweet Potatoes	Brown Rice	Tater Tots	Mashed Potatoes
Italian Squash & Zucchini	<i>Brussel Sprouts & Pearl Onions</i>	Collard Greens	<i>Peas and Carrots</i>	<i>Sauteed Garlic Green Beans</i>	<i>Sauteed Spinach</i>	<i>Baby Carrots</i>
<i>Carrot Raisin Salad</i>		Coleslaw			<i>Roasted Tomatoes</i>	Collard Greens
<i>Garlic Bread</i>	Tapioca Pudding	Oatmeal Cookies	Fresh Fruit Cup	Assorted Dessert	Chocolate Pudding	Dinner Roll
Strawberry Ice Cream						
<i>SF Cake</i>	<i>SF Dessert</i>	<i>SF Ice Cream</i>		<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Ice Cream</i>
Dinner						
Pepper Pot Soup	Turkey & Wild Rice Soup	Navy Bean Soup	French Onion Soup	Irish Vegetable Soup	Chicken Noodle Soup	Broccoli Cheddar Soup
Baked Chicken	Shrimp Scampi	Omelets	Roast Turkey w/Gravy	Bratwurst w/ Gravy	Chicken Pot Pie	Grilled Ruebens
<i>Grilled Ham & Swiss Sandwich</i>	<i>Teriyaki Chicken Thigh</i>	<i>Waffles w/ Toppings</i>	<i>Trio Platter</i>	<i>Mashed Potatoes</i>	<i>Ham & Cheese Quiche</i>	<i>Chicken Caesar Salad</i>
Mashed Sweet Potato	Linguine	Sausage Links	Stuffing	Corned Beef w/ Pickling Spice	Buttered Corn	Sweet Potato Fries
Harvard Beets	<i>Sauteed Cabbage, Celery & Red Onions</i>	Breakfast Potatoes	Country Style Green Beans	Cabbage	Garlic Roasted Cauliflower	Seasoned Cabbage
	Steamed Broccoli	<i>Sauteed Kale</i>	<i>Cranberry Side Salad</i>			
	Breadstick	Biscuits				
Brownies	Orange Sherbet	Baked Apples	Pumpkin Pie	Irish Bread Pudding	Carrot Cake	Saint Patricks Day Treat
<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Dessert</i>	<i>SF Dessert</i>

Bold indicates a main item.

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